

program on three screens for grades 6-12!

Maybe you hear, "You can do it!" and immediately think, "No, I really can't".

If we could all do everything equally well, there would be nothing special about anyone, but You Can do all of the most important things-and still be the unique person you were meant to be.

This is how: You Can rise to the challenges that we face when we live and interact with other people. These challenges often call for awareness, creativity, courage and perseverance. There are more ways to do harm to others and to yourself more quickly than ever before, but there are more ways to help and heal as well.

## REAL LIFE IS NOT LIKE THE "REALITY" SHOWS:

In the real world, you won't be a winner because you're the most devious.

In the real world, you won't get by with lying, stealing and cheating for long.

In the real world, you won't take extreme risks without any consequences.

In the real world, you won't get by without some very hard work.

BUT IN THE REAL WORLD:

**You Can** refuse to be controlled by your circumstances.

You Can be a rescuer.

You Can be a giver.

**You Can** have authentic good times without really "living on the edge".

MUSIC, ACTION AND OTHER MEDIA ARE USED IN A WAY THAT ENGAGES STUDENTS AND HELPS THEM FOCUS ON LIFE-CHANGING ISSUES, INCLUDING

DRUGS AND ALCOHOL

BULLYING

OVERCOMING OBSTACLES

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